

SPRAY TANS

WAIT AT LEAST _____ HOURS AFTER APPLICATION BEFORE YOU SHOWER. WEAR DARK LOOSE-FITTING CLOTHES AS TIGHT CLOTHING OR UNDERWEAR MAY CAUSE MARKS.

- WAX/SHAVE AT LEAST 48 HOURS PRIOR TO TREATMENT. THIS ALLOWS THE PORES TIME TO CLOSE. DOTTING IN PORES MAY APPEAR IF NOT ADHERED TO.
- USE A SOAP FREE BODY WASH OR TUSCAN TAN PHBALANCE BODY WASH AFTER SPRAY TAN. DO NOT USE SHOWER GELS, SCRUBS, SHAMPOOS OR LOOFAH'S DURING THE FIRST 24 HOURS AFTER YOUR TREATMENT.
- PAT DRY AND USE RECOMMENDED AFTER CARE PRODUCTS AFTER YOUR FIRST SHOWER TO EXTEND THE LIFE OF YOUR SPRAY TAN.
- AVOID SWEATING, EXERCISING OR SWIMMING FOR THE FIRST 24 HOURS AFTER YOUR SPRAY TAN TREATMENT.
- TRY TO NOT TOUCH YOUR SKIN DURING DEVELOPMENT TIME.
- MOISTURISE DAILY POST SPRAY TAN AND BY USING OUR RECOMMENDED TAN EXTENDER YOU CAN PROLONG YOUR SPRAY TAN.

****REMEMBER TO WASH YOUR PALMS AFTER APPLYING A TAN EXTENDING PRODUCT.***

- AFTER 7 DAYS START TO EXFOLIATE WITH A SOFT BODY POLISH ON A DAILY BASIS, THIS WILL HELP YOUR SKIN ABSORB EVEN MORE MOISTURISER AND REMOVE ANY REMAINING RESIDUE OF THE SPRAY TAN.

• LONG EXPOSURE TO WATER OR SWEATING WILL FADE START TO FADE YOUR SPRAY TAN.

HENNA BROWS

- DO NOT USE STRONG EYE MAKE UP REMOVERS FOR 48 HOURS AS THEY MAY STRIP THE COLOUR. PLEASE NOTE THAT OIL BASED MAKE UP REMOVER CAN CAUSE THE HENNA TO STAIN OR FADE FASTER.
- DO NOT RUB, PULL OR PICK AT THE AREA TREATED.
- DO NOT ALLOW SHAMPOO OR CONDITIONER ONTO THE BROWS FOR THE FIRST 24 HOURS.
- AVOID HEAT TREATMENTS OR FACIALS THAT INVOLVE STEAMING FOR 24 HOURS.
- AVOID SWIMMING OR SAUNAS FOR AT LEAST 24 HOURS AFTER YOUR TREATMENT.
- EXPOSURE TO SUN/UV LIGHTS CAN CAUSE THE HENNA TO STAIN OR FADE FASTER.
- IF ANY IRRITATION OCCURS, APPLY A CLEAN COLD WET PAD TO THE EYE AREA AND CONTACT YOUR GP.

LASH EXTENSION

- BE GENTLE! AVOID RUBBING, TOUCHING OR PULLING AT THE LASH EXTENSIONS AS THIS CAN CAUSE DAMAGE TO THE EXTENSIONS AND NATURAL EYELASHES.
- AVOID GETTING YOUR LASH EXTENSIONS WET FOR 24HOURS.
- AVOID HOT STEAM FROM SAUNAS, SHOWERS OR JACUZZIS.
- AVOID HEAT TREATMENTS OR FACIALS THAT INVOLVE STEAMING FOR 24 HOURS.
- DO NOT USE MECHANICAL OR HEATED CURLERS ON YOUR LASH EXTENSIONS.
- DO NOT CUT OR TRIM THE LASH EXTENSIONS AS THIS CAN CAUSE DAMAGE TO BOTH THE EXTENSIONS AND THE NATURAL LASHES.
- STAY AWAY FROM FLAMES OR EXCESSIVE HEAT TO AVOID SINGEING.
- USE BLC FOAM CLEANSER OR AN OIL FREE MAKEUP REMOVER TO REMOVE EYE MAKEUP.
- USE BLC FOAMING CLEANSER 2-3 TIMES A WEEK OR AFTER BEING IN SALT OR CHLORINATED WATER. THIS WILL ENSURE LASHES ARE HYGIENIC AND FREE FROM ANY RESIDUE OR BUILD-UP OF NATURAL OILS, BACTERIA OR MAKEUP AROUND THE LASH LINE.
- DO NOT USE MASCARA ON EXTENSIONS AND AVOID OIL BASED AND WATERPROOF MASCARA FOR BOTTOM LASHES.
- PRE-BOOK YOUR REFILL APPOINTMENTS REGULARLY SO WE CAN TAKE OFF THE GROWN-OUT EXTENSIONS AND REPLACE WITH NEW ONES TO KEEP THE EXTENSIONS LOOKING FULL AND FRESH.
- YOU LOSE BETWEEN 2-5 NATURAL EYELASHES PER DAY, THIS WILL BECOME MORE NOTICEABLE AS THE EXTENSIONS ARE LONGER, THICKER AND DARKER.
- THIS IS SUPPOSED TO HAPPEN AS YOUR NATURAL EYELASHES TURN OVER EVERY 6 WEEKS.

LASH LIFTS

- KEEP EYELASHES DRY FOR 24 HOURS AFTER LASH LIFT.
- AVOID HEAT TREATMENTS OR FACIALS THAT INVOLVE STEAMING FOR 24 HOURS.
- AFTER 6 WEEKS YOU CAN BOOK IN WITH BROW&LASHCO TO RELAX THE LIFT SO YOUR LASHES RETURN TO THEIR NATURAL STATE.
- AVOID WATERPROOF MASCARA AS THE FORMULA IS DRYING.
- REMOVE MAKEUP WITH GENTLE CLEANSERS.
- STAY AWAY FROM FLAMES AND EXCESSIVE HEAT TO AVOID SINGEING.
- DO NOT RELIFT YOUR NATURAL EYELASHES WITHIN 4-6 WEEKS.